

CONSIDERING WEIGHT LOSS SURGERY

Title: _____

Date: _____

Name: _____

Telephone: _____

Email: _____

Occupation: _____

Medical History

Allergies: _____

| | | | |
|-----------------------------|---|---|------------|
| Reflux | Y | N | Medication |
| Sleep apnoea | Y | N | Medication |
| Hypertension | Y | N | Medication |
| High cholesterol | Y | N | Medication |
| Diabetes/insulin resistance | Y | N | Medication |
| Gallbladder disease | Y | N | Medication |
| Kidney disease | Y | N | Medication |
| Heart disease | Y | N | Medication |
| Osteoarthritis | Y | N | Medication |
| Polycystic ovary syndrome | Y | N | Medication |
| Cancer | Y | N | Medication |
| OTHER CONDITIONS | Y | N | Medication |

Weight History:

Current weight: _____ kg Height: _____ BMI: _____ (if known)

Start of weight problem: _____ Maximum weight reached: _____ kg

Previous diets or attempts to lose weight: _____

Do you exercise on a regular basis: (Y) (N) If yes how often? _____

Eating habits: Regular 3x meals a day (Y) (N) Volume eating (Y) (N) Grazing/snacking (Y) (N)

What are your expectations about weight loss surgery? _____

What are your goals and motivations? _____

Do you know anyone who have had weight loss surgery? (Y) (N) Who? _____

Social History:

Do you smoke? (Y) (N) if yes how many cigarettes per day? _____

Do you drink alcohol (Y) (N) if yes how many drinks per week? _____

How did you hear about us: GP Specialist Family Friend Website Social Media

PRIVATE POLICY: This practice conforms to the requirements of the current Federal Privacy Legislation. A copy of our privacy policy is available on request. A record of your consultation and examination will be made and retained as part of this process.

I consent to the taking of photographs before and after surgery and understand they are not to be used for any purpose other than to keep track of my weight loss journey in Dr John Jorgensen's practice.

Signature: _____

Date: _____